



Annual Report

Canadian Association of Critical Care Nurses

APRIL 1, 2006 — MARCH 31, 2007

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Vision Statement

Critical care nursing practice is research based,
in an environment committed to quality,
holistic care, where optimal
client/family outcomes are achieved
through partnerships and
appropriate use of resources.





Board of Directors

Asha Pereira	Asha is a Western Region representative from Winnipeg, Manitoba. She began her term as President on April 1, 2006 and will continue to serve in this role until March 31, 2008. Asha is the Chairperson of Dynamics 2008, which will be held in Montréal, Québec.
Cecilia St. George-Hyslop	Cecilia is one of our Central Region representatives from Newcastle, Ontario. Cecilia is serving as Vice President and currently holds the portfolios of Awards and Corporate Sponsorship. Cecilia has also agreed to serve as Chairperson for Dynamics 2009, in the province of New Brunswick.
Glenda Roy	Glenda, one of our Eastern Region Directors from Grand-Falls Windsor, Newfoundland and Labrador. Glenda, in her third year on the Board, continues to do an excellent job in her role as Treasurer.
Joy Mintenko	Joy is from Regina, Saskatchewan and represents Western Region. She is also in her third year and holds the portfolio of Secretary. In addition, Joy is the Chair person of Dynamics 2007 to be held in Regina, Saskatchewan.
Grace MacConnell	Grace is from Dartmouth, Nova Scotia and represents the Eastern Region. Grace has taken over the portfolios of Research and Publications and has done an outstanding job ensuring Dynamics, the Official Journal of the CACCN continues to be an excellent, peer-reviewed Journal.
Susan Williams	Sue is from St. Thomas, Ontario and represents the Central Region. She holds the challenging portfolio of Retention and Recruitment and served as Chairperson of the successful Dynamics 2005, in Ottawa, Ontario.

CACCN...

**The Voice for
Canadian
Critical Care
Nurses**

Local Chapter Presidents

Lisa Krueckl	BC Lower Mainland Chapter
Tracy Porchina	Greater Edmonton Chapter
Ev Glasser	Calgary Chapter
Janet Taylor	London Regional Chapter
Karen Schnell-Hoehn	Manitoba Chapter
Renee Chauvin	Montreal Chapter
Merica Chase	New Brunswick Chapter
Heather MacDonald	Nova Scotia Chapter
Abbie Hain	Ottawa Regional Chapter
Darren Entner	Saskatchewan Chapter
Marie Aue	Toronto Chapter



Dr. Paula Price	CACCN Clinical Editor
Gina Mustard	CACCN National Administrator (Jan 07 to Present)
Tracy Porchak	CACCN National Administrator (Apr 06 – Jan 07)

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President's Letter

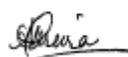
Dear CACCN members and supporters:

The CACCN Annual Report is one of the many ways in which we, the Board of Directors are able to inform our members of our activities over the past fiscal year. So, it is with great pleasure that I introduce the CACCN Annual Report 2006-2007. This report contains the many initiatives undertaken by this Board of Directors between April 1, 2006 and March 31, 2007. In the pages that follow, please find our statements reflecting the accountability of the CACCN Board of Directors to our membership and to the many corporate partners who support CACCN goals and objectives.

We are well aware of the immense role our members and corporate sponsors play in shaping the direction of CACCN and without their continued support, we would not enjoy the success that this report details. It is also true that the CACCN is a volunteer professional association that relies heavily upon the dedication of the Board of Directors, Paula Price, Clinical Editor of Dynamics, the Official Journal of the Canadian Association of Critical Care Nurses, and the sacrifices of their families. Finally, the organization and day to day smooth functioning of the National Office would not be possible if not for the hard work of Tracy Porchak, and now of Gina Mustard.

The new fiscal year brings new challenges, as we seek to develop new corporate and professional partnerships and as we continue to recruit and retain members despite an overwhelming shortage of critical care nurses throughout all regions of Canada. However, we would like to confirm our commitment to critical care nursing practice and to the many patients and families whose lives we touch.

Sincerely,



Asha Pereira
CACCN President 2006-2008



Imagine the difference we could make if we doubled our membership!

Membership

Membership in CACCN as of March 31, 2007 was 1074. This compares with a membership of 1134 at this time last year. CACCN continues to strive to increase the voice of critical care nursing in Canada through a stronger membership and a more visible presence. CACCN would like to recognize

the following Chapters for their recruitment efforts past year:
Recruiting 25 to 49 new members – BC, Greater Edmonton, Manitoba, Ottawa.
Recruiting 50 to 100 new members – London, Toronto.
Retention of members is also very important to CACCN and so the

association would like to recognize the following chapters:
For retaining greater than 60% of their membership – BC, Calgary, London, Manitoba, Nova Scotia, Ottawa.
Congratulations to these Chapters for their efforts in making CACCN stronger.

Communication Boards

The CACCN communication boards continue to be used to promote CACCN and to provide a means of keeping critical care nurses informed of the activities of the Association. CACCN would like to thank the members who act as a liaison to keep these boards updated.

The CNA theme for Nurses' Week 2006 was "Promoting Healthy Choice for Healthy Living".

In keeping with this theme, CACCN asked our members to come up with "10 Ways to Keep Healthy". Congratulations to our winner, Dawn-Lynn Freill from Ottawa. Dawn-Lynn received a free tuition to Dynamics 2006 in St. John's, NL. Watch for this year's contest.

The CACCN is a non-profit, specialty organization dedicated to maintaining and enhancing the quality of care provided to critically ill clients and their families. CACCN serves its membership, the public and the critical care nursing community by meeting the professional and educational needs of critical care nurses. These needs are met by developing and implementing standards of critical care nursing practice, providing educational opportunities, providing opportunities for networking, identifying and addressing political and professional issues, and finally by collaborating with other professional organizations.



Awards and Corporate Sponsorship

Every year we take a few moments, along with our corporate sponsors to recognize those nurses who have demonstrated excellence in nursing care through their exceptional leadership in education, clinical and professional practice. We value their contributions to their organizations, colleagues, and most importantly patients and families. Our sponsors each year, attend the Dynamics Awards Ceremony in order to share in this moment of recognition and reward. They help to present these generous awards to our deserving nurses. During April 2006 – March 2007, we took great satisfaction in reviewing the nominations and presenting the following awards:

Chapter of the Year Award



Congratulations to the Toronto Chapter. This award (\$500.00) is to recognize the effort, contributions and dedication of a chapter of CACCN in carrying out the purposes

and goals of the association. This chapter was recognized by Sorin Group Canada for their outstanding work on developing their Toronto Chapter website, monthly educational workshops/conferences, increasing their membership and their annual conference – “Evolutions in Critical Care”. Thank you to Sorin Group Canada for continuing to support this ward.

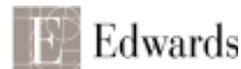
Spacelabs Innovative Project Award



This award (\$500.00) is presented to a group of critical care nurses who develop a project that will enhance their professional development. Wendy Fallis was the recipient in 2006 for producing the video entitled “Family Presence During Resuscitation”. This was an educational endeavour for health care providers. Thank you to Spacelabs Medical for continuing to support this ward.

Editorial Awards

Our 2 Editorial Awards are generously sponsored by Edwards Life Sciences (\$750.00) and 3M Healthcare (\$250.00).



a) Edwards Lifesciences:

The first prize award winner is: Tania Bergen (2005). “*The role of critical care nurse in improving quality of life in the ICU survivors.*” Journal 16(1), 22-29.

3M HealthCare

b) 3M Healthcare:

The second award winner is: Sheila O’Keefe-McCarthy (2006). “*Evidence based nursing strategies to prevent ventilator-acquired pneumonia.*” Journal 17(1), 8-11.

Thank you to Edwards LifeSciences for continuing to support this ward.

CACCN Research Grant

The CACCN National Board of Directors is pleased to be able to provide this award to members on an annual basis to further nursing research. See details on this year’s winner below.

We take great pleasure in acknowledging Gwen Thompson of Edmonton as the recipient of the CACCN Research Grant (\$1000.00) in 2006.

Gwen’s research *What are the experiences of graduate nurses with their first death in a critical care setting* may have implications for all nurses working in critical care.

Congratulations to
Toronto for
winning the
Chapter of the
Year Award in
2006.

Research

The CACCN-Research Committee works to facilitate the conduct and utilization of critical care nursing research. In 2006-2007 we have asked interested members to put their names forward to serve on the committee.



The committee looks for ways to encourage and support the research projects of Critical Care Nurses across Canada. If you are interested and would like to serve on the committee, please contact the Board of Director responsible for research. The Research Chair for 2006-2007 is Grace MacConnell---CACCN BOD.

Awards and Corporate Sponsorship Continued...

SMITHS Medical Educational Awards



This Educational award (\$750.00) provides funds to assist critical care nurses to attend continuing education programs at the baccalaureate, masters and doctoral level

In January, 2006, this award was given to Renee Chauvin (Quebec) toward her Masters of Education, McGill University, Montreal. In September, 2007 this was awarded to Karen Palmer in pursuing her BScN Degree. Thank you to SMITHS Medical for their continued support of this award.

Baxter Guardian Scholarship in Patient Safety



Recipients of this award will identify ideas that encompass safety and improve the quality of care in their practice area. This years award (\$5,000.00 or 2 prizes of \$2,500.00 each) was given to 2 groups of recipients:

The first award went to Cathy Mawdsley, Brenda Morgan, Robert Arntfield, Claudio Martin for their work on "Improving the Care of Severe Sepsis & Septic Shock Between the Emergency Departments & Critical Care: Crossing the Great Divide" London Health Sciences Centre (University Hospi-

tal & Victoria Hospital, London, Ontario).

The second award was presented to another well deserving team - Lisa Beck, Chad Johnson, "Nurse-Driven Sedation Protocol in the ICU" Thunder Bay Regional Health Sciences. Thank you to Baxter for their continued support of this award.

BBRAUN Mentorship Award



The BBraun Mentorship Award, a new award (\$1000.00), was not issued last year. However, in the upcoming 2007-2008 time period, we hope to able to present this mentorship award to a well deserving recipient. Thank you to BBraun for their continued support of this award.

Once again,
thank you to all
of our corporate
sponsors for
their ongoing
commitment
through support
of nurses awards
and
sponsorship.
We look
forward to
expanding our
awards to
nurses over the
next year.

CNA Critical Care Certification

CACCN encourages nurses to write the Canadian Nurses Association's (CNA's) Certification Examination in Critical Care. As per CNA, the purpose of certification is:

"To promote excellence in nursing care for the people of Canada through the establishment of national standards of practice in nursing specialty areas;

To provide an opportunity for practitioners to confirm their competence in a specialty; and

To identify through a recognized credential, those nurses meeting the national standards of their specialty". (CNA website, 2007)

This year, the 2007 CNA Adult and Paediatric Critical Care Certifica-

tion exams will be written on April 14, 2007. Adult certification in critical care continues to increase each year. In paediatrics, because it is such a subspecialty, movement in certification is much slower.

In 2006, there were 35 paediatric nurses across Canada who wrote the paediatric examination. Total CNA Paediatric Critical Care nurses certified in Canada is 93.

Each year CACCN holds a certification draw at the Baxter reception of the Dynamics of Critical Care Conference.

In October 2006 in St. John's, New Brunswick the following nurses won the draw for \$250.00 in support of their efforts in successfully passing this examination and obtaining the adult credential - CNCC(C) and the paediatric credential - CNCCP(C):

Adult certification:
Susan Nash & Terri Lynn Ptashynih

Recertification:
Eve Glasser, Joyce McMullin & Catherine Kielb

Paediatric
Tracy Freame

Watch out for this year's exciting Certification Draw in Regina, Saskatchewan!



Publications

Dynamics- The Official Journal of the CACCN is the only peer-reviewed critical care journal in Canada. We publish four issues annually, which are distributed to approximately 1100 subscribers. The journal is also listed in three library indexes and we have partnered with EBSCO publishing to list some of our articles online.

The summer issue of Dynamics is reserved for publishing abstracts that have been accepted for presentation at our fall conference, also called Dynamics. We continue to receive a lot of positive feedback from conference delegates and the membership-at-large who report that this initiative is helpful in keeping them in touch with current and new practices in critical care.

The Dynamics Journal now hosts three regular columns in each issue (other than the abstract issue): ISMP Canada, Research Review, The Cana-

dian ICU Collaborative. We hope to continue these partnerships and appreciate the continued support of ISMP Canada and the ICU Collaborative. We also appreciate the endeavours of our members who provide the Research Reviews in each issue.

In the Spring edition, we published an article with CE credits attached. We have not done so for quite some time. This initiative will be evaluated to determine the demand among our membership.

Paula Price, our Clinical Editor, continues to do an outstanding job in effectively leading the Editorial Review Board, consisting of Debbie Fraser Askin (Manitoba), Janice Beitel (Ontario), Kathleen Graham (Ontario), Martha Mackay (BC), Franco Carnevale (PQ) and Judy Rashotte (Ontario). The Publications Chair for 2006-2007 is Grace MacConnell---CACCN BOD.

CACCN is extremely fortunate to have the commitment of Pappin Communications of Pembroke, Ontario. Bruce, CB and Heather have continued to provide tremendous support to us.

We continue to offer our Standards of Critical Care Nursing Practice (2003) and our position statements to our membership. Any feedback about our position statements and suggestions for additional position statements would be welcome.



“The CACCN Research Grant (\$1000) was awarded to Gwen Thompson from Edmonton.”

Partnerships

Canadian Nurses Association (CNA)

As an Associate group of the CNA, we provide a copy of our annual report to CNA and are invited to participate in teleconferences and to provide feedback and input into many of CNA's activities. In June 2006, Joy Mintenko and Asha Pereira attended the CNA Biennium in Regina, Saskatchewan. We had the opportunity to network with our Associate, Affiliate and Emerging Groups, to meet with nurses from across Canada as well as

International Delegates who are linked with CNA. Over the past year, CNA has made an effort to strengthen its network and has sought the voice of its members frequently. We look forward to working collaboratively with the new President of CNA, Marilyn Smadu and the Board of Directors to ensure the issues of critical care nurses are brought forward at a National level.

World Federation of Critical Care Nurses

March 2007 Update by Bernice Budz:

The WFCCN has continued to grow since its inception on Oct 30, 2001 at the 8th World Congress on Intensive Care and Critical Care in Sydney, Australia. Canada was on the inaugural Council represented by Bernice Budz, a long standing member of the CACCN and former board member.

(Continued on page 8)

Education - Dynamics 2006 St. John's, NL

Families, Treasures, Generations: Riding the Waves of Critical Care

Highlights from Dynamics 2006:

There were 423 people in attendance in St. John's, Newfoundland and Labrador for Dynamics 2006.

The Planning Committee consisted of Patricia Hynes (Chairperson), Joanne Baird, Valerie Clark, Glenda Pack, Marlene Penny, Pat Rodgers and Tracy Porchak (former CACCN National Administrator).

This group worked extremely hard to bring forward a quality confer-

ence that was appreciated and enjoyed by all in attendance.

The keynote speakers included Sister Elizabeth Davis from the University of Toronto School of Theology and former President and CEO of St. John's Healthcare Corporation (1994-2000). Sister Elizabeth motivated and challenged critical care nurses to find a new path in order to advocate for our patients.

Also speaking were Brenda Morgan, Clinical Nurse Specialist, Trauma, London, Ontario; Geoff Eaton,

Executive Director, Realtime Cancer, St. John's, Newfoundland and Labrador; and Sherry Rumbolt, Nurse, Mother, Motivational Speaker, Wellness, Balance and Resiliency, Corner Brook, Newfoundland and Labrador. Each of these guests inspired us, moved us, made us laugh and made us cry.

The Annual Dinner featured Spirit of Newfoundland Productions, Newfoundland Kitchen Party, and Majestic Theatre which allowed us a glimpse of Newfoundland humour and hospitality. A good time was had by all.

There were 18 poster presentations in addition to the excellent speakers who presented their topics during break out sessions. We were fortunate to have a lot of media coverage including: television, radio and newspaper interview to highlight the important work of critical care nurses and the CACCN.

Chapter Connections Day

Chapter Connections Day was held on September 23, 2006 at the Delta Hotel in St. John's Newfoundland. Joy Mintenko led the warm up exercise where everyone shared a story about the origins or meaning of their names. Afterward, Asha Pereira and the Board of Directors gave their reports. Recruitment and retention remains a high priority for the association and the

"Twin and Win" initiative continues to be a success and will continue to run in 2007 from January to April.

Bruce Harries presented information about the Canadian ICU Collaborative and Quality Improvement Strategies and Tracy Porchak, the National Office Administrator presented the new website and guided participants through the tools and database. Each Chapter

received a CD with a tutorial to help the Chapters navigate the many features of the website, including the Individual Chapter web pages, ability for each chapter to post Chapter activities, newsletters, conference/workshop announcements and to access reports and statistics from their site.

Each Chapter then highlighted some of some of their accomplishments, their innovative ideas and their challenges. Toronto was announced as winner of The Chapter of the Year Award. Congratulations to Toronto Chapter!

Finally, a brief overview of Dynamics 2007, to be held in Regina, Saskatchewan was provided. The Planning committee for Dynamics 2006, was introduced by Chairperson Patricia Hynes and thanked for their hard work.

Future Endeavours

Future locations of CACCN's Annual Conference are:

Dynamics of Critical Care 2007

October 21-23, 2007

Regina, Saskatchewan

Chairperson: Joy Mintenko

Dynamics of Critical Care 2008

September 28-30, 2008

Montreal, Quebec

Chairperson: Asha Pereira

Dynamics of Critical Care 2009

Date: TBD

New Brunswick

Chairperson: Cecilia St. George-Hyslop

Retention and Recruitment will remain a major focus for the upcoming year.

Work on updating existing Position Statements and look for new topics to form statements for.

We continue to encourage critical care nursing research projects through our Awards.

Updating and streamlining CACCN's profile and appearance from National Office is a continued effort.

We will look for more opportunities to increase CACCN's profile through advocating for critical care nurses via any avenues available.



Partnerships continued

The WFCCN quickly established itself as a world entity with formal partnerships to 3 international corporate sponsors including Code Blue Nursing Agency, Abbott Laboratories and Datex Ohmeda.

We have also established affiliations with the International Council of Nurses, World Federation of Societies of Intensive Care and Critical Care Medicine (WFSCCM), Asia Pacific Federation of Critical Care Nurses and the European federation of Critical Care Nursing Societies. The WFCCN is now also registered in the Yearbook of International Organizations.

Shortly after the inception we developed a website which would open up international communication. The website address is www.wfccn.org and continues to grow containing useful and informative news and views. We encourage all critical care nurses to go to the website frequently for updates and links.

WFCCN has now developed and published three position statements. The first one is the Provision of Critical Care Nursing Education, the next one is the Provision of Critical Care Nursing Workforce and the latest is International Workforce Guidelines. All of these can be viewed on the website.

CONNECT became the official Journal of the World Federation of Critical Care Nurses in 2003. This journal is intended as a venue for the clinical nurses to share experiences and challenges of providing direct care to patients. It is an electronic journal that is free of charge to all critical care nurses belonging to the WFCCN via their member country. The link for the journal is www.connectpublishing.com. To receive the journal, you need to register at the home page and your access to all the journals occurs quickly. If you have not yet registered please do so as the articles are well worth reading. If you would like to submit an article for publication, all the guidelines for authorship are also listed on the home page. We encourage every nurse to consider submitting an article. The editorial review board is very supportive especially for first time authors. We need to see some Canadian nurses publishing in our journal!

Membership in the WFCCN has grown quickly. Currently there are 29 countries who are members of the WFCCN. Most recently the South American countries joined including Venezuela, Peru, Brazil and Argentina. These countries came on board officially following the World Federation of Societies of Intensive Care and Critical Care Medicine (WFSCCM) 9th Quadrennial Symposium in Buenos Aires,

Argentina in August 27-31, 2005. We now look forward to many African countries joining the WFCCN at the upcoming meeting in August. Our next meeting will be held in Sun City, Pilanesberg, South Africa from August 14 – 17, 2007. For full details please go to www.criticalcare.org.za. I encourage as many of you to attend this meeting as it is a wonderful forum to meet critical care nurses from around the world and share your expertise. The location for this meeting will be spectacular with access to natural wild life and spectacular sceneries. The next pediatric meeting will occur on June 24-28, 2007 at the 5th World Congress of Pediatric Critical Care in Geneva, Switzerland. Please see the WFCCN website for more details and links.

It has been a wonderful volunteer opportunity for me to represent the Canadian Association of Critical Care Nurses at this international level. I feel very committed to the ongoing development of the WFCCN since having been part of its inception. I do hope each and everyone of you takes the time to look at the website and registers to receive the journal CONNECT. It is your way to be connected to the global world of critical care nursing. Please do consider attending the international meeting in South Africa in August 2007. I look forward to seeing you there!

Canadian ICU Collaborative

The CACCN recognizes the role of the Canadian ICU Collaborative and for the past two years have encouraged our members to participate in the Quality Initiatives of this organization. The ICU Collaborative have held their meetings immediately prior to the Dynamics Conference and have encouraged their members to attend CACCN activities. In Newfoundland, the Collaborative hosted a cocktail reception and poster session that coincided with the Registration for the conference to entice CACCN members to view the poster presentations of their group. CACCN also hosts a column in the Dynamics Journal, highlighting the activities of the collaborative.



Canadian Council of Donation and Transplantation (CCDT)

CACCN and the CCDT continue to partner to provide education and information about organ donation in Canada. We continue to provide the critical care nurses perspective in caring for donors and recipients and their families. Members of our Board of Directors sit as committee members and are able to provide valuable insight into the development of policies and direction for this organization.

Institute of Safe Medication Practices (ISMP)

The CACCN continues to partner with ISMP Canada. Their regular column in our journal is positively received by members.

Canadian Intensive Care Foundation (CICF)

Wendy Fallis (PhD) continues to serve as liaison between CACCN and CICF. The CACCN includes a CICF membership with every CACCN membership renewal to encourage this partnership. CICF continues to provide financial grants to CACCN for many of our activities. This year CICF and CACCN entered into a formal Memorandum of Understanding with CICF to show our commitment to this agency



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**“Dynamic Connections ...
Making a Critical Difference”**